



Calgary and Area Regional Collaborative Service Delivery e-Newsletter

Registration is Now Opens for Imagine That!

Supporting transitions for children and youth across the lifespan is a priority for Calgary and Area RCSD partners. This year's event focuses on ways we can work together to improve collaborative system transitions for children and youth, build inclusive communities, and increase collaboration among service providers and with families.

Join us at the Calgary Zoo on November 7th as we explore what we can do together to reframe the experience of transitions for children, youth and families and support their life path journeys.

Takeaways will include practical, evidence-informed tools designed to support an integrated service delivery approach as we continue to stretch beyond the boundaries of individual organizations, systems in the service of children and youth.

Click [here](#) to or go to <https://form.simplesurvey.com/f/l/ImagineThat2017> to register.

Upcoming Opportunities

October is Disability Awareness Month

October 2017

Community Events

The Calgary Employment First Network (CEFN) is proud to celebrate Disability Employment Awareness Month this October. Throughout the month, the CEFN will be hosting a variety of events; from a city proclamation to Tech Talk in collaboration with Calgary Economic Development. This month represents a unique opportunity for everyone to expand their diversity and inclusion knowledge, connect with industry leaders and local service providers, and celebrate the inclusive spirit of the community. Click [here](#) to see a full list of events.

The Effects of Early Experiences on Brain Development, Learning and Health

Two Webinars

October 10 & 17, 2017 4:30 – 5:30 pm

In this session, you will learn how brains are built: what kind of experiences promote healthy brain architecture, what kind of experiences derail it, and how these experiences get "under our skins" to affect learning, health, and social outcomes.

Building on the first session, the second webinar will focus on the short and long-term outcomes associated with toxic stress exposure and adverse childhood experiences, and provide perspective on building resilience in children and families.

Click [here](#) to register.

The Impact of ADHD on Learning

Community Education Event

October 12, 2017 6:30 – 9:00 pm

Research on general academic outcomes will be reviewed during this presentation as well as the impact of ADHD symptoms on classroom functioning. Typical executive functioning impairments and other cognitive deficits will be discussed in detail. Key elements to assisting your child find success at school will also be covered.

Click [here](#) to register and click [here](#) for more information.

Centre for ADHD Awareness Canada (CADDAC) 9th Annual ADHD Conference

October 14 – 15, 2017

The conference is geared to parents, adults with ADHD and their families, educators, and medical professionals and will feature Thomas E. Brown, Ph.D., Don Duncan, MD, Geraldine Farrelly, MD, Samuel Chang, MD.

Click [here](#) for information and to register.

Braiding Together Indigenous Wellness, Trauma- and Gender-Informed Approaches in the Substance Use Field

Webinar

October 19, 2017 10:00 – 11:30 am

This webinar will focus on substance use responses that integrate Indigenous wellness, strength-based, gender and trauma informed approaches. The presenters will share wisdom from initiatives that have brought trauma and gender informed practice into work with Indigenous participants.

Click [here](#) to register.

Youth Five Days of Reconciliation

Prize

Deadline: October 23, 2017

Youth are invited to create a five minutes documentary showing viewers “what does reconciliation mean to me?”. Youth aged 13-18 and 19-24 are invited to apply. Successful entries will receive a prize and be premiered on November 4th.

Click [here](#) to see the poster and submission information.

Calgary Stampede Poster Competition

Scholarship

Deadline: October 27, 2017

The Poster Competition is about more than the selection of a poster for the Calgary Stampede; the competition focuses on youth achievement and development by fostering and developing artistic skills. This program takes youth on a journey of craftsmanship and creation, an experience just as valuable as claiming the top prize.

Click [here](#) for more information.

Introducing the Working Together to Support Mental Health in Alberta Schools Resource

Webinar

October 30, 2017 4:30 – 5:30 pm

This one hour webinar will highlight core concepts from the resource, and introduce the Key Conditions planning and implementation tool. An overview of how to use the Key Conditions planning and implementation tool will be provided. See the full document in our resource section below.

Click [here](#) to register

PREPaRE Workshop #2: Crisis Intervention and recovery: the Roles of School-Based Mental Health Professionals

Workshop

November 6 & 7, 2017 8:00 am – 4:00 pm

This two day workshop provides school-based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of student and staff following a school-associated crisis event.

Click [here](#) to register.

National Child Day 2017: Creating Safe and Caring Environments for Children and Youth

Community Education Event

November 15, 2017 10:30 am – 12:30 pm

Join us to learn more about the current state of services for young people in Alberta and Canada and plans to create a Canadian Children’s Charter and enact a federal Commissioner for Children and Youth and how you can develop and apply knowledge based approaches to promoting positive health and

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wellbeing outcomes for all children, youth and families.
Click [here](#) to register and click [here](#) for more information.

Childhood Anxiety: Understanding and Helping Children Heal

Workshop

November 25, 2017 9:00 am – 5:00 pm

At this workshop, participants will learn about the psychological and physiological roots of anxiety, why it is on the rise in our children and what to do to help children better manage it. This presentation is appropriate for parents, caregivers, teachers, and mental health professionals.

Click [here](#) for more information and to register.

Networks as Balancing Acts: Managing Inherent Tensions

Conference – Save the Date

March 18 – 20, 2018 Vancouver, BC

The 8th Network Leadership Symposium will have participants explore a broad range of network tensions such as collaboration versus competition, shared goals in the face of diverse interests, and loyalty to the network or the home organization, as well as how, or if, these tensions can be managed.

Stay tuned for more information.

Resources

Working Together to Support Mental Health in Alberta Schools: Alberta Government

This resource is an invitation for schools and their partners to reflect on current practices, leverage current initiatives and consider how the promotion of mental health can be more effectively embedded in school and system policies, practices and services.

Click [here](#) for the full report.

MORE Fall 2017 Brochure – Healthy Minds Health Children

The Mental Health Online Resources for Educators (MORE) has released a fall brochure which lists its new offerings as well as its archived modules. MORE is a program of online professional development for teachers and school personnel in Alberta offering community education services, clinical consultation, and continuing professional development.

Click [here](#) for the brochure and click [here](#) for the full program website.

How to Recognize and Stop Bullying – Tips from AboutKidsHealth

When children and youth head back to school it can be exciting for children to see their school friends after the summer, however, the schoolyard can also be a prime location for bullying. This article outlines definitions and strategies around bullying.

Click [here](#) for the full article.

Promoting Population Mental Health and Wellbeing for Children and Youth: Embracing Innovative Approaches to Policy, Practice, and Research

Click [here](#) to access the webinar and click [here](#) to download the slides.

CGPA Group Training eModule: Online Group Therapy – Creating a Therapy Group and Getting It off the Ground

The CGPA e-module group training program is designed to provide group therapy practitioners an opportunity to develop and enhance the essential skills and competencies required to lead a well functioning group that accomplishes its goals and attends to the emotional needs of its members. In this first e-module, participants will have the opportunity to learn the necessary skills and processes needed to assemble and create a successful therapy group.

Click [here](#) to register.

Reports and Research

Canadian Children's Charter/La Charte Canadienne des Enfants

Children First Canada has launched an exciting project to create a Canadian Children's Charter: a vision and plan of action to make Canada the best place in the world for kids to grow up! Children's charters have been created around the world as tools to establish a national vision for the life that every child deserves, and to engage key stakeholders such as charities, government, and children themselves to create a plan to achieve that vision.

Click [here](#) to get involved in this research.

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