



Calgary and Area RCSD eNewsletter

Child and Adolescent Addiction and Mental Health Program: Growing Mental Health Resource Fair **May 4, 2015 9:00 am – 3:00 pm**

Foothills Medical Centre, HRIC Atrium
Registration is free and available onsite.

Prevention, Intervention and Postvention of Suicide Webinar **May 5, 2015 9:15 – 10:30 am**

This webinar will provide the basics of suicide statistics, as well as consideration of universal prevention, early intervention and postvention (dealing with the aftermath of a death by suicide) will be reviewed. Special attention will be focused on youth.
Click [here](#) to register.

Collaborative Consulting in Alberta Schools Conference, Westlock Health Care Centre **May 6 & 7 9:00 am – 4:00 pm**

In this interactive session participants will engage in activities that build an understanding of collaboratively consulting in schools. The application of models and strategies that effectively support educationally relevant practices will be explored.
Click [here](#) to register (requires email).

Child and Youth Mental Health Day **May 7, 2015**

This national awareness day, led by the Institute of Families in cooperation with partners across the country, seeks to help create public awareness and acknowledgement of the thousands of children, youth and families needing mental health support and care across Canada.
Click [here](#) to view the 2014 video.
Visit <http://www.familysmart.ca/may-7th> for more information.

No Fear: Growing Up in a Risk Adverse Society **Presentation** **May 11 & 12, 2015**

Tim Gill is one of the UK's leading thinkers on childhood, and an effective advocate for positive change in children's everyday lives. For over 15 years his writing, research, consultancy projects, and other work has focused on the changing nature of childhood, children's play and free time, and their evolving relationships with the people and places around them.
To register online, go to the eRecreation web site, <https://reconnect.gov.calgary.ab.ca/Start/Start.asp> and Request a New Account or call 268-3800 to speak to a registration agent.
For more information see the appendix at the end of this eNewsletter.

Presentations by Dr. Edmond J. Dixon

Ramada Plaza Calgary Airport, 3515-26 Street NE

May 13, 2015

Teaching Boys Institute Teacher Session

9:00 am – 3:00 pm

“Your Son: A School Success!” Parent Session

6:30 – 8:30 pm

Dr. Dixon is returning to the Calgary area to share with educators and educational support personnel insights into the male brain and how those working in schools can use his ‘teaching boys blueprint’ to help our male students find success. Dr. Dixon is also hosting a parent session while he is in Calgary. During this session parents will come to a deeper understanding of how to set their son on the pathway to being passionate, confident, successful independent learners in school and life! Registration will include a wealth of support resources and Dr. Dixon’s book.

Click [here](#) to register for the Teacher Session.

Click [here](#) to register for the Parent Session.

Research Survey Invitation: Virtual Reality Learning Needs of OTs and PTs

Your responses on a short, anonymous online survey will help researchers identify therapists’ learning and support needs related to virtual reality and video game use.

Click [here](#) to access the survey and for more background information.

Screening Children and Youth New to Canada: Practical Resources

Webinar

June 10, 2015

This session will review some of the key health issues affecting newcomer children and youth, and suggest how the [CKNC website](#), including the new [eChecklist](#), can be used by health professionals to prevent, identify and manage such conditions.

Click [here](#) to register.

Canadian Association of Pediatric Health Centres Annual Conference

Quebec City

October 18 – 20, 2015

CAPHC’s Annual Conference Registration opens May 20.

Click [here](#) for the Preliminary Program.

The Intersector Toolkit: Tools for Cross-Sector Collaboration from the Intersector Project and Collective Impact Forum

This article describes the project’s new toolkit, composed of 17 tools organized into stages of diagnosis, design, implementation, and assessment. Each tool describes an action that practitioners can take to forge successful collaborations. The toolkit is also designed to be process-specific, which makes it more accessible.

Click [here](#) to access the article. (Registration required.)

New Mental Health Videos from the Canadian Pediatric Society

These videos are intended for health service providers concerned with children and mental health and cover promoting positive mental health and building your child’s self-esteem.

Click [here](#) to access these videos and others.

Children and Youth in Challenging Contexts (CYCC) Network

The CYCC Network is a knowledge mobilization network that was created to improve mental health and well-being for vulnerable and at-risk children and youth in Canada. It promotes the use of research, best and promising practices, and local knowledge in mental health programming for vulnerable and at-risk young people.

Click [here](#) to access the website.

American Speech Language Hearing Association series on Augmentative and Alternative Communication

Click [here](#) for “Knowledge and Skills for Service Delivery”.

Click [here](#) for the Position Statement.

Click [here](#) for the Technical Report.

Wood’s Homes Foundation Matters Newsletter

Click [here](#) to read the full newsletter.

Tim Gill Calgary Speaking Engagement Details

Monday May 11 2015

Subject: No Risk, No Reward

Barcode: 352072

Title: No risk, no reward: liberating the bubble-wrapped generation

Location: TELUS Spark Science Centre Inspiration Stage 220 St. Georges Drive NE

Time: 1-4 pm

Summary

Children's health and well-being are being undermined by the growth of excessive risk aversion. Adult fears and anxieties restrict children's play and leisure choices, limit their freedoms and damage their relationships with the people and places around them. Tim's talk – based on his influential book *No Fear: Growing up in a risk averse society* - shows why children need to take risks, makes the case for a more balanced, thoughtful approach to risk, and sets out a vision of childhood that places resilience, active play and everyday adventures centre-stage.

Subject: Child-Friendly Cities

Barcode: 352073

Title: Why does child-friendliness matter? Children as an indicator species for cities

Location: John Dutton Theater (inside the Calgary Public Library) 616 Macleod Trail SE

Time: 7-9pm

Summary

Children's freedom of action has fallen dramatically over a generation or more, as their horizons have shrunk and their lives have become increasingly domesticated. Tim explores why childhood, which twenty years ago was essentially free-range, has become increasingly battery-reared. While anxious parents are often blamed, he argues that the real causes are deeper. He shows why everyday outdoor freedoms matter to children, parents and the wider community. And he puts forward some innovative ideas for action by civic leaders and opinion formers.

Tuesday May 12 2015

Subject: Play in Public Policy

Barcode: 352074

Title: Play in good times and hard times: challenges and opportunities

Location: Renfrew Boys and Girls Clubs of Calgary, Hanger 731-13 Avenue NE

Time: 9:30 -11:30 am

Summary

UK Government investment in children's play went from practically zero to hundreds of millions of pounds between the late 1990s and mid 2000s, culminating in the launch of the first ever national play strategy. As Director of the Children's Play Council (now Play England) between 1997 and 2004, Tim was close to the action. His talk offers unique insights into how and why the lobby for play achieved such spectacular results. In the wake of the scrapping of the play strategy by the coalition government in 2010, he also offers some sober lessons for play advocates in these times of austerity.

Children and Nature

Barcode: 352076

Title: *Children and nature: why do they need each other?*

Location: *Ralph Klein Park 12350 84 street SE*

Time: *1-4pm*

Summary

Most adults spent much of their childhood playing in natural places like woods, riversides, fields and the countryside. Today, we know that nature is disappearing from the lives of many children, as they spend ever more time indoors, in cars and in front of screens. Are our children really suffering from 'nature deficit disorder,' and if so, what are the symptoms, and is there a cure? Drawing on his work for the Mayor of London and other civic leaders, Tim explores the hard evidence, and draws out the implications for planners, educators, conservationists, environmentalists, green space providers and health services.

Registration:

New to Calgary? Registering for a course? You will be required to provide personal information to create an account with The City of Calgary. Information collected under the authority of the Freedom of Information and Protection of Privacy Act.

All family members residing at the same address share an account. Therefore, you may already have an account if you or your family member(s) have:

- A Client Barcode or an Account PIN,
- Previously registered for a program or service,
- Purchased a facility pass,
- Booked a Golf Tee Time.

Creating a New Account on line:

- Enter account main contact and account address first (note: main contact must be an adult)
- Add additional client(s) after main contact and account address is complete
- Only full and complete account requests will be processed
- Account activation is not immediate to allow verification of account details
- An email notification will be sent to you within 3 business days with your Client Barcode and Account PIN

Ways to register:

On line, go to the eRecreation web site, <https://rec-econnect.gov.calgary.ab.ca/Start/Start.asp> and Request a New Account or call 268-3800 to speak to a registration agent.

Freedom of Information and Protection of Privacy

The personal information collected here is obtained under the authority of Section 33 (c) of the Freedom of Information and Privacy Act and is necessary for operating a program or activity of this public body. Further, this information may be used for marketing purposes specifically related to programs and services delivered directly for The City of Calgary and will not be sold or shared with any individual or organization, except with the consent of the individual or organization, or as required by law. If you have questions about the collection and use of this information, please contact City of Calgary Recreation at (403) 268-3800.